The time limit for the completion of the individual sections of the, swimming, cycling and running route during Enea 5150 Poznań

To be classified during Enea 5150 Poznań, race stages must be completed below the time limit listed below.

Time limits:
Swim: 50 miniutes
Swim + Bike : 2 hours 45 minutes
Swim + Bike + Run: 4 hours

Finishing times of individual sections of the race route:

Route point (km)	Route point description	Hour (HH:MM)	Notes.
Swim – 1500 m	Swimming finish line	09:00	Finishing time of the swimming stage
Transistion Zone (T1)	Leaving T1 zone	09:10	After this hour you will not be able to go on the cycling route
Bike – 40 km	Arrival to T2 zone	10:55	Finishing time of the cycling stage
Transistion Zone (T2)	Leaving T2 zone	11:05	After this time you will not be able to go on the running route
Run –10 km	Finish line	12:10	Finishing time of the running stage, after this time there will be a disqualification